

Professional Competition Fouls:

1. Butting with the head.
2. Eye gouging of any kind.
3. Biting.
4. Hair pulling.
5. Fish hooking.
6. Groin attacks of any kind.
7. Putting a finger into any orifice or into any cut or laceration on an opponent.
8. Small joint manipulation, (two digits or less.)
9. Striking to the spine or the back of the head;(Between the ears fr. Neck-Crown.)
10. Striking downward using the point of the elbow; (vertical path).
11. Throat strikes of any kind, including, without limitation, grabbing the trachea.
12. Clawing, pinching or twisting the flesh.
13. Grabbing the clavicle.
14. Kicking the head of a grounded opponent. (Three points on mat=grounded.)
15. Kneeing the head of a grounded opponent. (Three points on mat=grounded.)
16. Stomping a grounded opponent. (Three points on contact on mat=grounded.)
17. Kicking to the kidney with the heel.
18. Spiking an opponent to the canvas on his head or neck.(Slams w/an arc=no spike.)
19. Throwing an opponent out of the ring or fenced area.
20. Holding the shorts or gloves of an opponent; (Gripping the fabric.)
21. Spitting at an opponent.
22. Engaging in an unsportsmanlike conduct that causes an injury to an opponent.
23. Holding the ropes or the fence (to gain, maintain or avoid a position.)
24. Using abusive language in the ring or fenced area.
25. Attacking an opponent on or during the break.
26. Attacking an opponent who is under the care of the referee.
27. Attacking an opponent after the bell/horn has sounded the end of a round.
28. Flagrantly disregarding the instructions of the referee.
29. Timidity, including, without limitation, avoiding contact with an opponent, intentionally or consistently dropping the mouthpiece or faking an injury.
30. Interference by the corner.
31. Throwing in the towel during competition

Fighters are allowed up to five minutes recovery time subsequent to groin strikes or any other foul committed which in the referee's opinion requires recovery time before the fight is to continue. When a fighter who is in a dominant position commits a foul, said fighter shall lose the dominant position at the restart. When the fighters are in neutral positions on the ground during a foul, the referee shall, at his discretion, either place the fighters back into their last neutral positions on the ground, or into neutral standing positions, at the restart. Fighters are reminded that they are responsible for their weapons and are expected to use said weapons fairly.